# Healthcare FSA Eligible Expense Guide



#### Reimbursement Guide

Healthcare FSA's are permitted to reimburse drugs, medicines and supplies that meet the definition of medical care under Code 213(d), including items purchased over-the-counter. The following provides a common list of eligible expenses (and ineligible expenses) for your review. A comprehensive listing of eligible expenses can be viewed at www.enrollwithtag.com.

### Change to OTC Medication Eligibility

Effective January 1, 2011 over-the-counter medications will require a physician's statement to be considered an eligible medical expense. Qualified over-the-counter first aid type items will remain eligible for reimbursment without a physician's statement.

## **Medical Care**

- · Adoption/Medical Expenses
- Ambulance Services
- Blood Pressure Monitoring
- Body Scans
- Contact Lenses
- · Contraceptives such as Birth Control Pills and Vasectomy
- · Co-Pays & Deductibles for Medical, Dental, and Vision
- · Costs for a Guide Dog for the Blind or Deaf
- Dental Check Ups and Care
- Drug Addiction Treatments
- Fertility Treatments (only for inability to conceive naturally)
- Hearing Aids/Supplies
- Hospital Services
- Immunizations
- Lab / X-ray Fees
- LASIK Eye Surgery
- Operations (non-cosmetic)
- Orthodontia
- Prescription Drugs
- Pregnancy Tests

#### Over-the-Counter Items

- Allergy Medications such as Claritin and Benadryl\*
- Antacids such as Zantac, Pepcid AC, and Prilosec\*
- Bandages such as Band-Aids, Gauze, and tape
- Cold Medications such as Nyquil and Robitussin\*
- Contraceptives such as Condoms
- Contact Lens Solutions and Cleaners
- Denture Adhesives
- Diabetic Supplies (may require physician's statement)
- Diaper Rash Ointments\*
- Diarrhea Medicines\*
- First Aid Supplies
- Hemorrhoid Treatments\*
- Laxatives such as Phillip's Milk of Magnesia\*
- Menstrual Relief such as Pamprin and Midol\*
- Motion Sickness Pills\*
- Nasal Decongestant Sprays, Drops, and Inhalers\*
- Pain Relievers such as Tylenol, Motrin, Aleve and Aspirin\*
- Prenatal Vitamins\*
- Sleeping Aids such as Unisom and Sominex\*
- Thermometers
- Topical Antibiotics such as Neosporin\*
- \* physician's statement is required for reimbursement

## **Dual Purpose Items**

Dual purpose items must be recommended by a medical practitioner to treat a specific medical condition.

- Acne Treatments
- Allergy Treatment Equipment
- Birthing Classes
- Counseling (only for a medical reason)
- Health Club Dues/Fitness Fees
- Massage Therapy
- · Orthopedic Shoes and Inserts

- Weight Reduction Programs
- Skin Care Treatments
- Smoking Cessation Programs
- Alternative Healers such as Herbal and Holistic
- Cold or Hot Compresses
- Dietary Supplements
- Sun Screen Products

#### Ineligible Expenses

These items are not eligible for reimbursment under any circumstances.

- Any illegal treatments
- Breast Enhancement Surgery
- Cosmetic Procedures
- · Hair Re-Growth Treatments
- Individual Life Insurance Premiums

- Marriage Counseling
- · Teeth Bleaching or Whitening
- Toiletries such as Toothpaste, Shampoo/Conditioner,
- Soap Shaving Items, or any other Personal Care Item which is not used for Illness or injury